

# TigerTimes

Sherrard Jr/Sr High Newsletter

**January 2022**

Tim Wernentin, High School Principal  
Rick Basala, Jr. High Principal

**January 4**

Students return

**January 5**

Booster Club Meeting - 6p

**January 10**

Dual Credit Parent Meeting

**January 15**

Tiger Tip Off - 4th-6th Grade Boys

**January 17**

No School - Martin Luther King Day

**January 19**

School Board Meeting - 6p

**January 29**

Tiger Tip Off - 3rd, 7th & 8th Gr Girls

## Athletics / Activities

Get up to date athletic and activities schedules on the Sherrard 8to18 website:

<https://il.8to18.com/sherrardHS>



## Principal's Note

Happy New Year!!!!

As I write this article, it is difficult to believe that the first semester is nearly complete and we are immersed into the winter season of events here at Sherrard High School. At this point, our students are deeply involved in school work and participating in a variety of co-curricular activities, and many of our parents continue working countless hours to support our programs. It is greatly appreciated by all of us at SHS.

We continue to ask for your assistance as we continue to implement all CDC and county COVID mitigations; specifically the mask mandate. Be sure your student is wearing his/her mask properly.

Thank you for everyone's participation in our "Operation Santa" activities! Thousands of dollars were raised and we were able to assist needy families in our school district - not only during the holiday season - but throughout the year.

Registration for the 2022-23 school year will begin soon. We are proud to announce two new courses are being added to our curriculum for next school year:

- Botany - A one semester science elective course
- Forensics - A year-long science elective course

Both courses have prerequisites, so students should visit with Mrs. Drish prior to registering.

**shs.sherrard.us • sjhs.sherrard.us**

Sherrard Jr/Sr High School  
4701 176th Avenue  
Sherrard, IL 61281  
High School 309.593.2175  
Jr. High 309.593.2135

### Stay informed!

Daily high school announcements will be posted on the Sherrard High School website. Please visit the website daily for information about all things happening at the high school. The link below will take you directly to the announcements: <https://www.sherrardtigersv.com/morning-announcements.html>

You may also want to connect to our District social media accounts.

Facebook:

<https://www.facebook.com/sherrardschooldistrict> -

Facebook ID is "Sherrard School District"

Instagram:

<https://www.instagram.com/sherrardschooldistrict/> -

Handle is SherrardSchoolDistrict

Twitter:

<https://twitter.com/home> -

Handle is @SherrardSchools



As always, we are appreciative that we maintain high attendance at our athletic, music, and extra-curricular events. Your continued support and presence at our events is appreciated by our students, staff, and community. A reminder that we will not have school on January 17 in celebration of Martin Luther King Junior Day. Our next early dismissal days are February 2 and 16.

I trust you had an enjoyable winter break and I look forward to working with you in the new year! Please contact me at 309-593-2175 or at [wernentint@sherrard.us](mailto:wernentint@sherrard.us) with questions, concerns, or comments.

Educationally yours,  
Tim Wernentin, Principal

### JH Principal's Notes

Dear Parents and Guardians,

I hope all of the Sherrard Junior High students and families had a great break with friends and family.

The students took their MAP winter testing before the winter break. There were many students who were not able to finish due to various reasons. We have extended the testing window to January 14.

As a reminder, the school expectations are Be Respectful, Be Safe and Be Responsible. Please encourage your student(s) to finish the year strong with those expectations.

7th and 8th grade boys basketball will be starting the regionals soon. Come on out and cheer on the Tigers! The schedule is posted on the 8 to 18 sports calendar.

Volleyball, Scholastic Club and Wrestling will be starting their respective seasons this month.

Rick Basala  
JH Principal

### Student of the Month

#### JUNIOR HIGH

**English:** Kaden Dutton

**Math:** Natalie Atnip

**Social Studies:** Lucas Hart

**PE/Health:** Eli Matson

**Vocational:** Dillan Vermost

**Striving for Excellence:**

Muireann Zippe

### 2020-2021 Yearbooks

2020-2021 High School Yearbooks are in! If you have not already received your yearbook and you paid for one last year you will be receiving it sometime throughout the school day the week of January 3. If you did not purchase one and would like to, please see Ms. Slothower or Mrs. Blackwell. The cost of the yearbook is \$60.

### HS Cheer Volunteering

The Highschool Cheer team helped pack sack lunches for the Humility Homes and Services Winter Overnight Shelter. They packed 42 meal bags that were delivered to the shelter.



### Blood Drive

The All School Senate will be hosting their annual BJ Luxmore Memorial Blood Drive on Wednesday, February 23rd from 8:00am-1:00p.m. at Sherrard High School. Please keep your eye out for more information regarding donation sign ups! We look forward to honoring this American Hero and hope to see a great community turnout!



## Tiger Closet

At this time we are still NOT accepting clothing. We have an Amazon wishlist full of items we are in need of. The list allows for the items to be shipped directly to the Tiger Closet at the high school.

### [Tiger Closet Wishlist](#)

If you have any questions you can contact Vanessa Schulenberg at [schulenbergv@sherrard.us](mailto:schulenbergv@sherrard.us) or Amanda Fritch at [fritcha@sherrard.us](mailto:fritcha@sherrard.us). We appreciate the outpouring of support our community has shown the Tiger Closet, this could not be done without everyone's generosity and support.



## *From the HS Counseling/Academic Center*

### ACADEMIC INFORMATION:

Registration is right around the corner! Here is the registration timeline:

#### To Be Seniors:

Class meeting: January 19th

Registration: January 21st, 24th, 25th

#### To Be Juniors:

Class meeting: January 26th

Registration: January 28th, 31st, Feb 1st

#### To Be Sophomores:

Class meeting: February 2nd

Registration: February 4th, 7th, 8th

#### To Be Freshmen:

Class meeting: February 9th

Registration: February 11th, 14th, 15th

Mark your calendar for the following dates in January...

- Orientation Night for incoming freshmen will be **February 10th at 5:30 pm** in the high school auditorium.
- Dual Credit Meeting for Juniors and Seniors will be held **January 10th at 6pm** in the high school auditorium.
- Area Career Center tour at United Township for incoming Juniors will be **January 19th** - more information to follow.

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### Senior Parents:

Reminder that the FAFSA is required by the State of Illinois this year. If you do not want to complete the FAFSA, we will be sending out and collecting a non-participation form in the spring. If your student plans on attending college or a trade school, FAFSA is the form you need to complete in order to access federal grants, loans and work-study funds. FAFSA Website: <https://studentaid.gov/h/apply-for-aid/fafsa>  
Don't forget you will need an FSA ID to complete the FAFSA. Here is the website to create your FSA ID: <https://fsaid.ed.gov/npas/index.htm>  
If you have any questions, contact Mrs. Drish ([drishju@sherrard.us](mailto:drishju@sherrard.us))

### 2021-2022 JR/SR High Yearbook

This year, we are looking for anyone to submit photos of any fall activities for junior or senior high students. This can include photos of students with projects, doing school activities, athletic events, school organization meetings, school events, etc. Please email photos to [blackwells@sherrard.us](mailto:blackwells@sherrard.us) or [slothowerd@sherrard.us](mailto:slothowerd@sherrard.us)

Reminder - Students must be wearing masks for all indoor photos and be 3 feet apart in group photos. The yearbook must follow the Return to Learn Plan found on the District's website. We WILL NOT use photos if the mask is not worn properly or students are too close together.

Please help us by submitting photos!

Thanks!  
Stacey Blackwell and  
Dora Slothower



#### Senior Scholarships

Available scholarships are posted on the High School website - click [HERE](#) to access that page. Students also have access in the Senior Google Classroom.

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#### SOCIAL/EMOTIONAL INFORMATION:

We will continue to counsel students both socially/emotionally and academically. Students and parents can reach out via email if they have any questions or concerns. Meetings can be held in person, or via Zoom, Google Meet, etc.

[blackwells@sherrard.us](mailto:blackwells@sherrard.us)  
[drishju@sherrard.us](mailto:drishju@sherrard.us)

As we head towards winter, still dealing with the pandemic, it's more important than ever to keep an eye out for signs of depression, especially in teenagers. With so many things important to teenagers disrupted — school, seeing friends, sports, and other activities that shape identity — many kids are struggling, even those without a history of depression or anxiety. Please read the article [Signs of Depression](#) if you have any concerns.

Mental Health has been negatively impacted during the pandemic. This has caused an increase in anxiety or panic attacks with our student population. Some of the symptoms we might see include - low motivation, feeling tired or burned out, sadness, poor concentration, anger and/or insomnia.

Suggestions for coping may include connecting with others, taking a small break, sticking to a schedule or routine, being kind and focusing on basics like exercise and nutrition.

Please remember the pandemic may have canceled many things, however empathy, caring, thoughtfulness, kindness and humanity have not been canceled. Take care of yourself first in order to take care of others.



# JANUARY 2022

## Sherrard PreK-12 Menu

### BREAKFAST



**School Information:** Menu Subject to Change  
This institution is an equal opportunity provider.



**The USDA has approved free meals for all students for the 2021-2022 school year. All students will be able to eat a tray/sack breakfast and lunch at no charge.**

#### MONDAY

No School

3

#### TUESDAY

Cinnamon Super Stix  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

4

#### WEDNESDAY

Mini Cinnis  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

5

#### THURSDAY

Muffin  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

6

#### FRIDAY

Cereal Bar  
Cheese Stick  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

7

Fruit Frudel  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

10

**National Milk Day**  
Mini Bagel  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

11

Waffles  
Syrup  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

12

Mini Banana Loaf  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

13

Sausage Pancake Bites  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

14

No School

17

Cereal Bowl  
Snack Cookie  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

18

Mini Bagel  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

19

**National Cheese Lover's Day**  
Cereal Bar  
Cheese Stick  
½ Cup Fruit – ½ Cup 100% Juice  
Milk Choice

20

Fruit Frudel  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

21

Muffin  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

24

French Toast Sticks/Syrup  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

25

Egg & Cheese Omelet  
Gold Fish  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

26

Pancakes  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

27

Cinnabuns  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

28

Whole Grain Poptart  
½ Cup Fruit  
½ Cup 100% Juice  
Milk Choice

31



# JANUARY 2022

## Sherrard Jr-Sr High Menu

### LUNCH



**School Information:** Menu Subject to Change  
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Happy New Year



**The USDA has approved free meals for all students for the 2021-2022 school year. All students will be able to eat a tray/sack breakfast and lunch at no charge.**

### MONDAY

No School

3

### TUESDAY

Toasted Ravioli  
Marinara Sauce  
Cheese Stick  
Celery/Peanut Butter  
Pears – Tiger Grahams  
Milk Choice

4

### WEDNESDAY

Super Nachos  
Apple  
Belly Bears  
Milk Choice

5

### THURSDAY

Breaded Chicken Patty/Bun  
Garlic Waffle Fries  
Applesauce  
FunYuns  
Milk Choice

6

### FRIDAY

Hot Dog/Bun  
Chili Beans  
Pineapple  
CheezIts  
Milk Choice

7

Chicken Tenders  
Soft Pretzel  
Marinara Sauce  
Carrots  
Pears  
Milk Choice

10

**National Milk Day**  
Tenderloin/Bun  
Corn  
Applesauce  
Cool Ranch Doritos  
Milk Choice

11

Smoky BBQ Rite/Bun  
Salad  
Grape Tomatoes  
Pineapple  
Munchies Mix  
Milk Choice

12

Ribette/Bun  
Baked Beans  
Peaches  
Choc. Chip Graham Bites  
Milk Choice

13

Un crustable  
Cheese Stick  
Celery/Peanut Butter  
Apple  
Nacho Doritos  
Milk Choice

14

No School

17

Chicken Finger Fries  
Chili Beans  
Pineapple  
Original Lays Chips  
Milk Choice

18

Grilled Chicken/Bun  
Fries  
Peaches  
Tiger Grahams  
Milk Choice

19

**Cheese Lover's Day**  
Create A Pizza  
Cheese Stick - Baby Carrots  
Mixed Fruit – Wild White Doritos  
Milk Choice

20

Fish Patty/Bun  
Coleslaw  
Mixed Fruit  
Goldfish Crackers  
Milk Choice

21

Pizza Crunchers  
Carrots  
Peaches  
Scooby Snack  
Milk Choice

24

Chicken Nuggets  
Corn  
Mixed Fruit  
BBQ Chips  
Milk Choice

25

Hamburger/Bun  
Pork N Beans  
Pears  
Munchies  
Milk Choice

26

Walking Tacos  
Grape Tomatoes  
Pineapple  
Sports Grahams  
Milk Choice

27

Mini Corn Dogs  
Celery/Peanut Butter  
Applesauce  
Choc. Chip Graham Bites  
Milk Choice

28

Egg/Sausage/English Muffin  
Carrots  
Mixed Fruit  
FunYuns  
Milk Choice

31

